

January 2017



WENHASTON WARBLER



WISHING A HAPPY, PEACEFUL AND SAFE NEW YEAR TO THE WARBLER FAMILY
OF CONTRIBUTORS AND READERS

"Sky Arts' Landscape Artist of the Year Competition 2016".



Earlier this year, this very big water colour won me a place in "Sky Arts' Landscape Artist of the Year Competition 2016".

Inspired by a wintry walk along the River Alde at Slaughden, I didn't really expect to succeed when I submitted the image online in March. So when a producer phoned in May to tell me I'd been selected for the heat at Stowe House, Bucks, I was amazed.

The 12 hour day starts at 7am, and the 8 of us were shown the 'pods' we would spend the day working in. Everything is provided and the pods are positioned by the production team, so we had no choice about our subject matter. I'd wondered how I would respond to painting on such a carefully tended site where privilege and power had shaped the landscape. I usually prefer wild places.

We were interviewed and filmed throughout the 12 hours, most of which is edited out, so my enjoyable chats with the lovely Frank Skinner and Joan Bakewell aren't in the programme. The judges didn't spend that much time with me and I felt that water colour just wasn't as 'sexy' as other media like oils and acrylics. I wish I'd been braver and shown them how avant-garde it can be.

Fascinating experience and exhausting, but very glad I had the opportunity.

Ruth McCabe

New Space in Village Hall

The doctor's surgery room has been vacated and will be available to hire by individuals or small groups - it will comfortably hold 6 or 7 people. It will be redecorated and will have new lights; the sink will remain (handy for art/craft etc), but it will be otherwise empty: tables and chairs from the main hall can be moved in as required. Available from January 1st

WENHASTON SPORTS CLUB



Saturday January 21st 2pm
Wenhaston Village Hall

Clothing, bric-a-brac, books, toys, and much more.

Raffle and cake stall. Items to village hall 10am on the day

Help needed? Call Ann Edwards 478 486

Christmas Cafe

Seasonal greetings from the Village Hall Cafe! Merry Christmas and many thanks to all our customers, volunteer baristas and wonderful cake-makers. We will be open on the 24th and New Year's Eve, but closed on Wed 28th Dec. We look forward to seeing you.

Southwold Railway Trust

Southwold Railway Trust volunteers received their first national award on December 8th. At the Merchant Taylors' Hall in Threadneedle Street, London, the Trust's volunteers were awarded a "Highly Commended" rating by the National Railway Heritage organisation for the restoration of original SR trackside fencing at Wenhaston. This is all the more gratifying in that the Trust was competing against established schemes, mainly on heritage railways. Trust Chairman James Hewett received the award on behalf of the volunteers, who restored to original 1879 form a quarter-mile of the timber post-and-rail fencing, and a characteristic driftway crossing. In other news, the £1400 appeal to fund the transport of the Trust's newly-acquired steam locomotive "Scaldwell" to Suffolk is more than two thirds achieved: only a small extra amount is required to allow this historic and complete locomotive to reach its base for restoration to steam.

James Hewett, Chairman

Free Taste Classes in Qi Gong for The New Year'

Steve Garlick has been running twice weekly classes in Qi Gong at the Village Hall since last summer, and now has an enthusiastic group of students, but is keen to attract some new faces for 2017. Qi Gong is an ancient Chinese system which mixes dynamic and static postures with breathing exercises, that strengthen the body whilst calming the mind. One of the best things about Qi Gong is that you don't need to be young and athletic to practice: the movements are gentle and graceful which makes it an ideal alternative for those who wish to keep fit and healthy without resorting to more demanding physical exercises.

The health benefits are numerous and one student says

"Steve is a gentle and supportive teacher who guides us with care through the intricacies of Chi Kung. I started the classes as a very unwell individual, and the practice has played a profound part on the journey back to health".

A new term starts this January, with classes held on Wednesday afternoons and Thursday evenings, and Steve is offering a free taster class to anyone who is interested but has yet to give it a go. Please contact Steve on (01502) 478120 or via email at

QiGong_Wenhaston@Outlook.com for more details.



Wenhaston Craft and Produce Market

Our third sale on 26th November, proved exciting with an even greater variety of stalls (31 in total) – from sausages to honey, cakes to chutney, jams to quiches, glorious hand knitted jumpers, reindeers, toiletries made in Wenhaston and all manner of Christmas

decorations, toys and unusual presents and goodies.

If you didn't come, you missed a treat!

We plan to have a Craft and Produce Market in the Village Hall on the last Saturday in the month throughout the year, starting on 25th Feb. 10 -12noon. All locally sourced foods and small businesses, which appreciate our support. We already have some interesting specialist food and produce stalls lined up: Suffolk Smokehouse Deli, farm meats from Philip Baskett Theberton, locally made goat's cheeses, free range eggs, vegetables, homemade cakes and pastries, preserves, birdfood....



COME and SHOP LOCALLY and treat yourself to a delicious coffee and cake in our Café! Bookings taken now for pitches for February market. £5, tables provided. Come and take part in 2017 – in aid of Village Hall maintenance.

Contact Ann: 478085 or Christine:

christinemargaret@hotmail.co.uk

Christine Buttle

Commons Conservation

On Tues 17th Jan Suffolk Wildlife Trust will lead a work party in Merton Wood. Meet at 10 am at Oakhurst Blackheath Road.

On Sun 29th Jan Jonathan Alder will lead a work party on Blackheath. Meet at 10 am opposite warehouse site on Blackheath Road. *HPP*

Wenhaston Flower Club

A Happy New Year and happy flower arranging to all our members and friends for 2017. No meeting in January but don't forget our annual meal at the Queen's Head Blyford on Tue Feb 7th. For any queries re meal, menu or anything else ring Jean Spindler on 478317

Wenhaston WEA (Workers Educational Association).

WEA aims to provide high quality learning opportunities for adults from all walks of life. You don't need any previous knowledge or qualifications to join most of our courses, only a willingness to learn. It was founded in 1903 by Albert Mansbridge with 2/6 he borrowed from his wife. The first classes were taught by the historian R.H. Tawney in Rochdale. It is now the U.K.s largest voluntary-sector provider of adult education with over 74,000 students participating in over 9,000 courses each year.

The finances of the Wenhaston branch are a bit healthier than that and on January 20th. following on from the success of our Autumn course "Shakespeare on Film" we shall be heading east to China. 'From Mandarins to Commissars, China in the 20th.Century' will look at that country's turbulent history in the late 19th. and the 20th.Centuries. The overthrow of the Qing Empire, the rise of Republicanism, the Japanese invasion, the civil war between Nationalists and Communists, the upheaval of the Mao years and how China regained its position as a major world power.

It will be tutored by David Prynn who has lectured in History at Suffolk College and the Open University (1969-2000) with special interest in Russian and Chinese history

That first session of seven on Friday January 20th. will be a 'taster' session and each will run from 10.00-12.00 with a break for refreshments. Why not come along and give it a try? Further details from Tony Gow 01502 478977/tony.gow@googlemail.com

Wenhaston Mothers' Union

As I write, we are looking forward to our Christmas Party on the 14th, and all the other Christmas celebrations.

On January 11th, we will have our Corporate Communion in Church, followed by the AGM. We hope the weather will be kind and that as many members as are able will attend.

Wenhaston Mothers' Union wishes a Happy and Peaceful New Year to one and all.

Margaret Bloomfield

Wenhaston Warbler Wine

What makes a great wine? A former resident of Wenhaston used to answer this by quoting an acronym – BLIC. The ‘B’ stood for balance, a harmonious weighting of fruitiness, sweetness, tannins and texture to provide a balanced whole. Alcohol level, too, could be included in this equation – too much and the wine seems ‘hot’, overwhelming some of the other components mentioned above. The ‘L’ stood for length – the time the flavour stayed in the mouth after the wine had been sniffed, swilled and swallowed. The flavours of a good wine linger and linger, a poorer sample could delight on first acquaintance and then quickly disappear. The ‘I’ stood for intensity – the extent to which the aroma and taste of the wine imprint themselves on the senses. Drinking a good wine will be an enjoyable occasion; drinking a great wine can be a significant experience. Finally, the ‘C’ stood for complexity. Professional wine writers often refer to simple, one – dimensional wines which may be perfectly pleasant (and represent value for money) but don’t provide prolonged interest to the drinker. A wine may be fruity, smooth and uncomplicated; this is fine because this is what you paid for and expect. Other wines provide layers of interest and pull you through a complex mesh of flavours and texture. Often, but not always, this happens because of careful aging of the wine. Sometimes it’s due to the blending of two or more grape varieties, or because of maturing in oak barrels. Whatever the reason (and you will have gathered that this is a very big subject) all you need to do is appreciate the end result when it engages happily with your nose and palate. All the Best for 2017

Bernard Orme

<u>Wenhaston Methodist Church</u>			
Sunday Services at 10.30am		Tuesday Meetings at 2.30pm	
1 st	Iris Baker	1 st	Women’s Fellowship
8 th	Sue Groome	8 th	Bible study
15 th	Rev’d Ian Gardner	15 th	Women’s Fellowship
22 nd	Laura Lawrance-Martin	22 nd	Bible Study
29 th	Ian Prettyman	29 th	Healing Meeting
Saturday 7 th 9.30 – 11.00 am “Pray Awhile” on a come & go basis for prayer & meditation. ALL WELCOME AT ANY EVENT			

NEWS FROM THE CHURCH

The first Christmas celebration in Wenhaston was the Village Bazaar at the beginning of the month. The Church stall was selling a large variety of Christmas gifts, and although there were not the usual number of customers we managed to raise £105.00. As always many people had contributed the gifts for the stall and we are grateful for their support.

By the time you read this article we shall have sung our carols at the annual service, and we shall have worshipped at the Midnight Mass on Christmas Eve to celebrate Christ's birth, thanking Him for his great love for each one of us.

Each year at this time we give a percentage of St. Peter's annual income to charities, and this year the PCC agreed to make the following donations: £225.00 to Save the Children, earmarked for the plight in Syria, £225.00 for the work being carried out in Christchurch New Zealand following the earthquake in the city.

Nationally £450.00 to Crisis, and locally £450.00 to the Emmaus Trust. As we look forward to a New Year we pray for peace in our world, and we wish all our readers a happy, healthy and peaceful New Year.

Margaret G. Churchwarden

Wenhaston WI report for December 2016

Folies Bergere came to Wenhaston on the night of the WI party. Traditionally dressed, they flounced their skirts with great vigour; the only disappointment was that that no one did the splits! Before the show a buffet supper of variety and imagination was provided, much enjoyed by guests and members.

Next month our meeting will be held in the afternoon and we mustn't forget that subscriptions are due. There will be a bring and buy stall, the proceeds from which will go to the Lighthouse Refuge Centre in Ipswich.

New members will be very welcome to join our go ahead group. It isn't just interesting speakers on our meeting night, but you can join: the darts group, book club, play reading, kurling, scrabble, and not forgetting the diners club which takes place at a variety of venues. No time to get bored if you join the Wenhaston W.I. *Felicity Jeliff*

WENHASTON BLYTH SPIRITS

Why not make your New Year resolution be to join Blyth Spirits!!

We are a small group of people, who meet in the Church Room on the third Monday of every month at 2.30pm.

We have now been in existence for about fifteen months and during that time we have welcomed speakers on a wide variety of subjects from the World Land Trust to Halesworth Museum. We have some excellent speakers in the Village who have given us talks on their careers or their hobbies and two are returning to speak again in 2017! We also arrange outings usually through "Invitation to View", we have a summer garden party and we finish our year in the traditional way with Christmas drinks and party food.

Our joining fee is £18.00pa or £2.00 for each meeting.

The January meeting is a very brief AGM followed by a talk given by Bruce Attenborough "From Woolly Knits to Woody Knots" - we shall be very pleased to see you.

We are a friendly group and we welcome new members. Please do contact either of us if you would like to know more about the group.

Margaret Goldstone (478378) and June Tate (478622)

Wenhaston Village Hall 100 Club Winners for December 2016

- 1st prize Clive Curteis (number 31) £33
- 2nd prize M. Gower (number 87) £20
- 3rd prize Nigel Morris (number 139) £13

In addition, the £50 Christmas bonus was won by Andy Norris

Room 101

This month's item to be consigned to Room 101, never to be heard of again
NEW YEARS RESOLUTION

What's the point? I still haven't lost half a stone, run a marathon or won the Lottery from the last three years. Life's too short – BE HAPPY

Re-Cycling Printer Cartridges

Thanks to everyone for re-cycling your used cartridges in the special W.I. box in the Village Hall.

It has now been emptied by Ian Smith Office Supplies.

Proceeds go to the World Land Trust based in Halesworth.

Please continue to re-cycle and support us.

...Christine Buttle

Making the World a Kinder Place - World Bicycle Relief



World Bicycle Relief builds and distributes specially-designed, locally assembled, rugged Buffalo Bicycles to students, healthcare workers and entrepreneurs through study-to-own and work-to-own programs. For increased sustainability, we train field mechanics to ensure access to maintenance and spare parts.

In addition to our philanthropic programs, World Bicycle Relief supply Buffalo Bicycles through a social enterprise to non-governmental organizations, companies and individuals in need of affordable and sustainable transportation.

Funds donated to World Bicycle Relief UK directly support the Bicycles for Educational Empowerment Programme (BEEP). Providing bicycles to students has proven to significantly reduce travel time and improve educational outcomes. Every £95 donated is a bicycle into the hands of a school child in Kenya, Zambia, Zimbabwe or Malawi.

To find out more about the work of World Bicycle Relief please visit <http://worldbicyclerelief.org>

Footpath Walking

A morning walk will leave from Wenhaston Village Hall at 10 am on Tuesday January 3rd at 10 am.

On Tuesday 17th January Heather Hammond will lead a walk round Blyburgh. Meet at Blyburgh White Hart at 10 am. We shall return there for lunch.

I wish all our walkers and friends a successful and healthy New Year year for 2017.

Heather Phillips 478545

Birthday Greetings.

Happy Birthday Owen Woolnough on your 18th Birthday on 28th January. From Mum, Dad Bella, Hollie, Millie, Nan & Granddad.

